

The Center for *Women's Studies*

TO EDUCATE, SUPPORT, AND REACH OUT TO WOMEN ON
OUR CAMPUS IN THE CONTEXT OF A GLOBAL COMMUNITY.

*"The world is not going to change,
unless we change it ourselves." —
Rigoberta Menchu Tum*

Center for
WOMEN'S STUDIES

April 2016



The Center for Women's Studies

663 N. Wood Ave.
Florence, AL 35630
(256) 765 - 6198/4380

Hours of Operation:
Monday - Friday 8:00 a.m. - 4:00 p.m.
ekelley1@una.edu

Sexual Assault Awareness.....	3
These Hands Don't Hurt.....	4
Child Abuse Awareness	5
Equal Pay Day	6
Women in History.....	7
International Brew	8
Women's Center Resources.....	9
Internally Speaking.....	10
Coordinator's Notes.....	11



What's happening this month?



Sexual Assault
Awareness Month

CHILD ABUSE
PREVENTION MONTH



- Mon., April 4 – UNA reopens.
- Fri., April 8 – ALA WSL– GUC Loft – AAUW Conference of women student leaders.
- Sat. & Sun., April 9 & 10 – GUC Loft – AAUW Alabama State Convention.
- Wed., April 13 – 7:00 PM – Norton Auditorium – Jackson Katz.
- Fri., April 15 – 5:00 – 7:00 PM GUC Banquet Halls – Reality Check.
- Mon., April 18 – 10:00 AM – 1:30 PM – GUC Atrium – Equal Pay Day.
- Tues. & Wed., April 26 & 27 – 10:00 AM – 1:30 PM – GUC Atrium – These Hands Don't Hurt.
- Thurs., April 28 – 3:00 – 4:00 PM - Women's Center, International Brew.



The Center for Women's Studies

663 N. Wood Ave.
Florence, AL 35630
(256) 765 - 6198/4380

Hours of Operation:
Monday - Friday 8:00 a.m. - 4:00 p.m.
ekelley1@una.edu

Sexual Assault Awareness Month

What is sexual assault?



Sexual assault occurs when someone is forced or coerced into unwanted sexual activity without their consent. Someone might be incapable of giving consent if they are:

- underage
- scared
- ill or disabled
- incapacitated due to drugs or alcohol

Consent can also be given and later taken back.

Sexual violence is never the victim's fault.

Sexual violence on campus

- One out of five women will be a victim of sexual assault while in college.
- One in 16 men will be a victim of sexual assault during college.
- Among college women, 9/10 of victims of rape and sexual assault knew their attacker.
- More than 90% of sexual assault victims on college campuses do not report the assault.
- 40% of colleges and universities reported not investigating a single sexual assault in the previous five years (U.S. Senate Subcommittee, 2014).

Prevention 101

- Awareness activities can inform students and staff on which resources are available for support.
- Risk-reduction approaches may help with identifying warning signs.
- Response following an assault works to lessen the impact of trauma on survivors and those who are close to them.

Source: http://www.nsvrc.org/sites/default/files/saam_2015_what-is-campus-sexual-violence.pdf



The Center for Women's Studies

663 N. Wood Ave.
Florence, AL 35630
(256) 765 - 6198/4380

Hours of Operation:

Monday - Friday 8:00 a.m. - 4:00 p.m.
ekelley1@una.edu

These Hands Don't Hurt

Tuesday, April 26
Wednesday, April 27
10:00am— 1:00pm
GUC

These Hands Don't Hurt is a program for people demonstrating their commitment to anti-violence initiatives. By stamping their handprints on the banner, participants are creating a visual statement against violence and declaring that they will not use their hands to hurt another person.



The Center for Women's Studies

663 N. Wood Ave.
Florence, AL 35630
(256) 765 - 6198/4380

Hours of Operation:
Monday - Friday 8:00 a.m. - 4:00 p.m.
ekelley1@una.edu

CHILD ABUSE PREVENTION MONTH

7 ways to prevent child abuse:

The weight of prevention should not be resting on the smallest shoulders. Children are the most vulnerable to abuse at the hands of adults and are the least likely to be able to protect themselves. Childhood should not hurt.

1. **Learn the facts.** Know the risks. 1 in 4 girls and 1 in 6 boys will have been sexually abused by their 18th birthday. You most likely know an abuser. Most are not strangers, but are friends and family.
2. **Minimize opportunity.** Eliminate or reduce one-adult/one-child situations and you will lower the risk of sexual abuse for the child. Monitor your child's internet use.
3. **Talk about it!** Children often keep abuse a secret, but open communication helps. It is important to understand why children don't tell:
 - ⇒ Afraid to disappoint their parents
 - ⇒ Threatened by the abuser
 - ⇒ Abuser may tell the child the abuse is okay, or a game
4. **Stay alert.** Don't expect obvious signs. Signs are often there, but you have to look for them.
 - ⇒ Redness, or swelling in the genital area, UTIs, and physical problems from anxiety, such as chronic stomach pain or headaches, may occur.
 - ⇒ "Too perfect" behavior, withdrawal and depression, or unexplained anger and rebellion are all signs of abuse.
 - ⇒ Sexual behavior and language that are not age-appropriate can be a red flag.
 - ⇒ Be aware that in some children, there are no signs at all.
5. **Make a plan.** Learn where to go, who to call, and how to react. Do not overreact! Stay calm. If you behave as if you are upset or angry the child may shut down!
6. **Act on suspicion .** A child's well being may depend on it.
7. **Get involved.** Volunteer or financially support organizations that fight abuse. Use your voice and your vote to make the community safe for children.



The Center for Women's Studies

663 N. Wood Ave.
Florence, AL 35630
(256) 765 - 6198/4380

Hours of Operation:

Monday - Friday 8:00 a.m. - 4:00 p.m.
ekelley1@una.edu

Source: <http://www.kidsfirstinc.org/preventing-abuse>



Equal Pay Day

Wednesday April 18
10:00am -1:00pm
GUC Atrium

Equal Pay Day was originated by the National Committee on Pay Equity (NCPE) in 1996 as a public awareness event to illustrate the gap between men's and women's wages. Because women earn less, on average, than men, they must work longer for the same amount of pay. The wage gap is even greater for most women of color.



The Center for Women's Studies

663 N. Wood Ave.
Florence, AL 35630
(256) 765 - 6198/4380

Hours of Operation:
Monday - Friday 8:00 a.m. - 4:00 p.m.
ekelley1@una.edu

Women in History

Powerful women make powerful contributions. Here are some women who made history in April.



April 2, 1917: Jeannette Rankin of Montana is formally seated in the U.S. House of Representatives, the first woman elected to Congress.

April 4, 1887: The first woman mayor was elected in the U.S. as Susanna M. Salter became mayor of Argonia, Kansas.



<http://www.u-s-history.com/pages/>

<http://>



The Center for Women's Studies

663 N. Wood Ave.
Florence, AL 35630
(256) 765 - 6198/4380

Hours of Operation:
Monday - Friday 8:00 a.m. - 4:00 p.m.
ekelley1@una.edu

International Brew

Everyone is Welcome!



April 28, 2016

3:00-4:00 P.M.

Women's Center

-  Chinese Tea
 -  Chai Tea
 -  Green Tea
 -  Italian Espresso
 -  French Press
Coffee
 -  International
Desserts
 -  Henna Tattoos
- And many other
beverages and treats



The Center for Women's Studies



For more information
contact Emily Horn Kelley at
256-765-4380 or at
ekelley1@una.edu

Resources available at the Women's Center

- **Pride's Pantry of Personal Care Items**
 - **Library**
 - **Bottled Water**
 - **Lactation Room**
 - **Couches/Blankets**
 - **Computers**
 - **Events**
 - **Study Rooms**
- **Coffee & Conversation**



The Center for Women's Studies

663 N. Wood Ave.
Florence, AL 35630
(256) 765 - 6198/4380

Hours of Operation:
Monday - Friday 8:00 a.m. - 4:00 p.m.
ekelley1@una.edu

Internally Speaking

Hello everyone! This is our final newsletter of the semester. I can't believe how fast this year has gone by! Interning for the Women's Center has been such a blessing and I have enjoyed it so much! I'm not sure what I'll do now with all this extra time on my hands. I want to encourage everyone to be involved with the Women's Center in any way possible. It is such a great place and everyone there is doing awesome work for our campus and our community. I want to thank Emily and Dr. Rieff for allowing me to be a part of that work! This has been an amazing experience that I will always keep with me. I hope everyone has a wonderful summer!

Instagram: @maggie_alana

Twitter: @maggie_ahiser

@unawomenscenter

—*Maggie*



Coordinator's Notes

Eliot said, "April is the cruellest month..." but I don't think there would be any argument if he had said that April is the busiest month, at least on this college campus. Students are racing around turning in papers, taking exams, and preparing for finals that are but a few short weeks away. Professors have endless stacks to grade and are writing those exams for which the students are preparing. And the Women's Center is no exception to this mad dash to the finish line, for we are completing our programming for the academic year. April 8 we hosted our first ALA-WSL, AAUW's Alabama Women Student Leaders Conference, at which we welcomed students from several colleges and universities to our campus for a day of challenging speakers and workshops. For the following two days we hosted AAUW's Alabama state convention. We contributed to bringing Jackson Katz to the campus on April 13th and participated in *Reality Check* on April 15th. Because this is Sexual Assault Awareness Month, we will have *These Hands Don't Hurt* on April 26 and 27 at which time we invite you to place your painted (red, yellow, or blue) handprint on a huge banner to support this cause. And finally, we will conclude the month's and the year's events with our annual *International Brew* I hope you have had the opportunity to participate in some of our events this year. If you have ideas for events that you would like to see added to our roster, please talk to me about them. I welcome your suggestions. We will, of course, be at SOAR this summer, and the Women's Center remains open all summer long. On August 22 we will be welcoming everyone back to campus with our second annual *Sushi Social*. We look forward to seeing you then!

Emily



The Center for Women's Studies

663 N. Wood Ave.
Florence, AL 35630
(256) 765 - 6198/4380

Hours of Operation:
Monday - Friday 8:00 a.m. - 4:00 p.m.
ekelley1@una.edu